



PROJECT REPORT

The Hygiene & Health Initiative: Health & Dignity

Organized by: LifeLine Charity Foundation

Date: 1st April, 2025

Location: Kumasi Children's Home & Cherubs Foundation, Kumasi, Ghana

1. Overview

The *Hygiene & Health Initiative: Health & Dignity* was a large-scale outreach organized by LifeLine Charity Foundation to improve hygiene, health, and self-esteem among underprivileged children and caregivers in Kumasi.

This project focused on providing essential hygiene supplies and practical health education to two partner institutions — Kumasi Children's Home and Cherubs Foundation — both long-time beneficiaries of LifeLine's mission.

Over 5,000 hygiene items were distributed, impacting hundreds of children and staff. The project also included hands-on demonstrations, talks on personal care, and group activities designed to make learning about hygiene engaging and empowering.

2. Objectives

The project aimed to:

- Promote hygiene and sanitation literacy among children and caregivers.
- Provide essential hygiene supplies to reduce preventable infections.
- Support menstrual health education and break taboos surrounding it.
- Uplift the self-esteem and well-being of children through dignity-driven care.

3. Key Activities

a. Donation Drive

Prior to the event, volunteers launched a donation campaign to gather hygiene products such as soaps, toothbrushes, toothpaste, sanitary pads, towels, and disinfectants. These were packaged for easy distribution to both institutions.

b. Educational Session

Volunteers hosted an interactive hygiene workshop that covered topics like:

- Handwashing techniques
- Oral hygiene routines
- Menstrual hygiene awareness
- Personal grooming and cleanliness

Demonstrations were kept fun and participatory to ensure engagement, especially among younger children.

c. Distribution & Interaction

After the workshop, LifeLine distributed the items directly to children and caregivers. Volunteers also spent time playing, talking, and encouraging the children — reinforcing the message that hygiene is not just a habit but a form of self-respect and care.

4. Impact & Results

- 5,000+ hygiene items distributed (2,000 soaps, 1,800 toothbrushes, 900 tubes of toothpaste, 300 sanitary pads, 100 towels, and assorted disinfectants).
- Two major institutions served, supporting over 400 children and staff members.
- Interactive hygiene education sessions led by trained LifeLine volunteers.
- Boost in morale and self-worth among beneficiaries, particularly adolescent girls.

“You didn’t just give us soap — you gave us confidence.”

— Caregiver, Cherubs Foundation

5. Voices from the Field

“Seeing the kids smile while learning about hygiene was priceless. It showed us how far small efforts can go when they come from the heart.”

— LifeLine Volunteer

“We’ll never forget how you explained things with patience and kindness. The children loved every part of it.”

— Matron, Kumasi Children’s Home

9. Conclusion

The *Hygiene & Health Initiative* — *Health & Dignity* reaffirmed LifeLine’s belief that cleanliness and health are fundamental human rights, not privileges. Beyond distributing supplies, the project restored confidence, dignity, and hope — especially for children growing up without family support.

Through compassion, teamwork, and education, LifeLine continues to prove that lasting change begins with small, consistent acts of care.

Contact Information

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Signed,

Adolf Lobowicz

Co-Founder & Executive Director