



PROJECT REPORT

LIFELINE CHARITY FOUNDATION

Project Report: Project Nourish & Flourish

Date: July, 2025

Location: Various Orphanages, Ghana

1. Introduction

Project *Nourish & Flourish* was organized by the Lifeline Charity Foundation as part of our ongoing mission to combat child hunger and support underprivileged orphanages across Ghana. Recognizing that many children go without consistent, nutritious meals due to limited resources, this project aimed to provide large-scale food assistance to restore hope and ensure better nourishment for hundreds of children.

2. Objectives

The primary objectives of *Project Nourish & Flourish* were:

- To alleviate immediate hunger among children in orphanages by supplying essential food items in bulk.
- To promote nutritional stability through the provision of balanced meal staples such as rice, oil, and creamer.
- To ease operational costs for orphanages, allowing them to redirect limited funds toward education, healthcare, and maintenance.
- To raise public awareness about the urgent issue of child food insecurity and inspire community participation in future drives.

3. Activities and Implementation

The project was executed in three key phases:

a. Fundraising and Planning

The team organized a series of fundraising efforts, engaging both students and sponsors to gather financial support. Partnerships with local donors allowed for the bulk purchase of non-perishable goods, maximizing the impact per cedi raised.

b. Procurement and Packaging

Volunteers worked collaboratively to source, sort, and package thousands of kilograms of food items including rice, cooking oil, non-dairy creamer, and margarine. This phase emphasized organization, transparency, and quality control to ensure the donations met the required standards.

c. Distribution

On June 15th, the Lifeline team personally visited selected orphanages across Ghana to deliver the supplies. The event featured interactions with caregivers and children, sharing moments of gratitude, joy, and encouragement.

4. Impact Summary

Project *Nourish & Flourish* significantly improved the food security and morale of several orphanages.

Key metrics include:

- 700+ kg of rice delivered
- 300+ liters of cooking oil distributed
- 200+ kg of non-dairy creamer supplied
- 1,000+ sachets of margarine donated

These contributions ensured stable meal provisions for hundreds of children for several weeks, easing the financial strain on orphanage administrators and improving daily nutrition levels.

5. Testimonials

“Receiving these supplies from Lifeline is a massive relief. It means our children will have full bellies, and we can use our limited funds for education and healthcare.”

— Director, Partner Orphanage

“Seeing how much food we gathered and the joy it brought was beyond rewarding. This wasn’t just a donation — it was a reminder that these children are seen and cared for.”

— Lifeline Volunteer

7. Conclusion and Future Plans

Project Nourish & Flourish proved that collective action can make a measurable difference in combating hunger. Moving forward, the Lifeline Charity Foundation aims to establish a sustainable food support program that supplies orphanages on a rotational basis, ensuring long-term nutritional security. Future goals include expanding to more regions and incorporating fresh produce donations.

Contact Information

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Signed,

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Co-Founder & Executive Director